



Republic of the Philippines  
**Department of Education**  
 Negros Island Region  
**SCHOOLS DIVISION OF SAGAY CITY**

**DIVISION MEMORANDUM**

July 11, 2025

No. 415, s. 2025

**PREVENTIVE MEASURES AND IMMEDIATE ACTION ON HAND, FOOT, AND MOUTH DISEASE (HFMD) CASES IN SCHOOLS**

To: Assistant Schools Division Superintendent  
 Chief of Education Supervisors – CID & SGOD  
 Public Schools District Supervisors  
 School Heads of Public Elementary and Secondary Schools  
 All Others Concerned

1. In view of the recent increase in cases of Hand, Foot, and Mouth Disease (HFMD) observed during Learners' Health Assessments and reported by various schools in SDO-Sagay City, this office emphasizes the urgent need to strengthen school-based prevention, monitoring, and response protocols.
2. To ensure the health and safety of learners, teaching and non-teaching personnel in schools, the following preventive measures must be observed:

**a. Promote Proper Hygiene and Sanitation**

- i. Ensure that learners wash their hands thoroughly with soap and clean water or use an alcohol-based hand sanitizer, especially before and after classes. Encourage cough and sneeze etiquette (e.g., using a tissue or elbow to cover mouth/nose).

**b. Classroom Hygiene**

- i. Clean and disinfect high-touch surfaces such as desks, doorknobs, chairs, learning materials, and comfort rooms after classes. Use a bleach solution (1 tablespoon of bleach per 1 liter of water) for effective disinfection after classes.

**c. Monitor and Report Cases**

- i. Conduct daily visual inspection of learners for signs of HFMD (e.g., blisters on hands/feet, mouth sores, and fever).
- ii. If a learner exhibits symptoms of HFMD, the teacher or health personnel in school must immediately notify the parent/guardian.
- iii. The learner must be referred to a doctor or Barangay Health Center for proper diagnosis and confirmation.
- iv. Enforce a no-class policy for symptomatic students until fully recovered.
- v. Learners confirmed with HFMD must stay home for at least seven (7) days.
- vi. Upon return, learners must be free of symptoms before they are allowed to attend in-person classes again.
- vii. Immediately report any confirmed cases to the School Health and Nutrition Unit.



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**d. HFMD Monitoring**

i. All schools with HFMD cases must report surveillance data, preventive actions, and referrals through the provided link and QR code.:

<https://tinyurl.com/3e477tbv>



5. Expenses to be incurred in relation to these activities shall be charged against the school's MOOE or local funds, subject to the usual accounting and auditing rules and regulations.
6. It is understood that in the conduct of this activity, there shall be no discrimination in the provision of such partnership on account of age, school, gender, civil status, disability, religion, or other similar factors, personal circumstances that run counter to the principles of equal opportunity.
7. Immediate dissemination and compliance of this Memorandum is desired.

**DANNIE CLARK M. UGUIL**  
Assistant Schools Division Superintendent  
Officer-in-Charge  
Office of the Schools Division Superintendent

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Enclosure : As stated  
Reference : Department of Health  
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To be indicate in the **Perpetual Index** under the following subjects:

**HFMD PREVENTION INFECTIOUS DISEASES**

**HEALTH**

FN: AJAD/SGOD



Enclosure 1

## Hand, Foot, and Mouth Disease (HFMD)



Ang HFMD ay isang nakakahawang sakit na kalimitang naapektuhan ang mga batang may edad **5 taon pababa**.

Bukod sa lagnat at ubo, nagdudulot din ito ng **singaw sa bibig at pantal sa kamay at paa**.



Pantal sa kamay at paa



Lagnat at ubo



Singaw



Sa Bagong Pilipinas,  
**Bawat Buhay  
Mahalaga**

