



Republic of the Philippines  
Department of Education  
REGION VI - WESTERN VISAYAS  
SCHOOLS DIVISION OF SAGAY CITY

MAR 18 2025

DIVISION MEMORANDUM

No. 202, s. 2025

**FIRE SAFETY TRAINING AND BASIC FIRE  
FIGHTING/FIRELYMPICS 2025**

To: Assistant Schools Division Superintendent  
Chief Education Supervisors – CID & SGOD  
Education Program Supervisors – CID & SGOD  
Public Schools District Supervisors  
Public Secondary School Heads  
All Others Concerned

1. The Department of Education - Division of Sagay City through its Disaster Risk Reduction and Management Unit, in cooperation with the City Government of Sagay and in collaboration with Sagay City Bureau of Fire Protection will conduct a **Fire Safety Training and Basic Fire Fighting/Firelympics 2025 on March 27-29, 2025, with the theme: "Sa Pag-iwas Sa Sunog, Hindi Ka Nag-iisa" at Bato National High School Covered Court, Brgy. Bato, Sagay City.**

2. This training aims to:

- \* equip students with essential knowledge about fire hazards, fire prevention measures, and emergency response protocols to ensure a proactive approach to school fire safety;

- \* train students in the proper use of fire extinguishers, fire blankets, and other firefighting equipment, as well as teach them effective evacuation procedures to minimize risks during fire emergencies;

- \* empower selected students as **fire safety champions** who will actively promote fire prevention awareness, assist in emergency drills, and serve as first responders in case of fire incidents within their schools.

3. The following schools have been identified as participants for this training.

| SCHOOL                                | NUMBER OF PARTICIPANTS |           |
|---------------------------------------|------------------------|-----------|
|                                       | Students               | Adviser   |
| Bato National High School             | 10                     | 1         |
| Jesus Lizares National High School    | 10                     | 1         |
| Sagay City Farm School                | 10                     | 1         |
| Sagay National High School            | 10                     | 1         |
| Sagay City Stand Alone                | 10                     | 1         |
| Bulanon Farm School                   | 10                     | 1         |
| Eusebio Lopez Memorial Integrated Sch | 10                     | 1         |
| Colonia Divina Integrated School      | 10                     | 1         |
| Old Sagay National High School        | 10                     | 1         |
| Vito National High School             | 10                     | 1         |
| <b>TOTAL</b>                          | <b>100</b>             | <b>10</b> |

4. School Heads of the identified schools are advised to submit the names of the participants and teacher-advisers through the Google sheet link provided on or before **March 20, 2025.**

<https://tinyurl.com/mjr9z6ra>

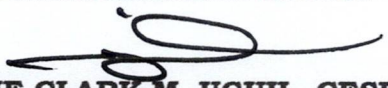






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**SCHOOLS DIVISION OF SAGAY CITY**

5. School Heads are encouraged to arrange the class schedule of those student participants and Teacher Advisers to avoid disruption of classes and to adhere to DepEd Order No 09, s. 2005 on Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith.
6. The teacher-adviser shall ensure the submission of parental consent forms for all participants attending the activity (please see the attached form). Additionally, School Heads are encouraged to attend the opening program on **March 27, 2025, at 1:00 PM at Bato National High School** to show their support for the participants.
7. The guidelines and mechanics for the Mini Olympics, along with the list of the working committee, are enclosed as Enclosure #1. Additionally, a meeting for participants, teacher-advisers, and the working committee will be held on **Friday, March 21, 2025, at 9:00 AM in the Computer Laboratory of Bato National High School, Bato, Sagay City.**
8. Travelling and other expenses incurred relative to this activity shall be charged to school MOOE funds. At the same time, breakfast, snacks, lunch, and dinner for the participants and teacher-advisers are chargeable against the Local DRRM Fund, subject to the usual accounting and auditing rules and regulations.
9. For more information, contact **Mr. James P. Sabio, Project Development Officer-II**, through mobile number 0943-1340-994 or email at [james.sabio@deped.gov.ph](mailto:james.sabio@deped.gov.ph).
10. It is understood that in the conduct of this activity, there shall be no discrimination in the provision of such services on account of age, school, gender, civil status, disability, religion, or other similar factors or personal circumstances that run counter to the principles of equal opportunity.
11. Immediate and wide dissemination of this Memorandum is desired.

  
**DANNIE CLARK M. UGUIL, CESE**  
Assistant Schools Division Superintendent  
OIC-Office of the Schools Division Superintendent





Enclosure : As stated  
Reference : NONE  
Allotment : N/A  
No. of Pages : 8

To be indicated in the **Perpetual Index** under the following subjects:

**SAFETY EDUCATION**

**CAMPAIGN**

**MEETING**

FN: [jamespsabio/DRRM/SGOD](mailto:jamespsabio@DRRM/SGOD)





Republic of the Philippines  
**Department of Education**  
REGION VI - WESTERN VISAYAS  
SCHOOLS DIVISION OF SAGAY CITY

Enclosure to the Division Memo No. 202 s. 2025

**WORKING COMMITTEES**

|  |   |
|--|---|
| <b>EXECUTIVE COMMITTEE:</b><br><br>SDS Dannie Clark M. Uguil, CESE<br>ASDS Mark Anthony J. Tan, PhD<br>Chief Ma. Theresa Q. Bingcang, PhD (SGOD)<br>Chief Alma M. Mirasol, PhD (CID)<br>EPS- SGOD Josette P. Balandra, PhD<br>Mr. Noe B. Abdon, AO-V<br>Rosalie Delenia – Principal-II |   |
| <b>Planning</b><br><br>James P. Sabio<br>PSINSP Victor Loreto - BFP<br>Wally B. Afuang - Sagay City Rescue   | <b>After Care</b><br><br>Nevan Decosta<br>Ryan Redobles<br>Jundelle Javelosa                |
| <b>Medics</b><br><br>Lalaine Q. Aceras<br>Joie Tiangson<br>Red Cross Youth of Bato NHS   | <b>Documentation</b><br><br>Jun Marl Alconga<br>Anggulo Productions                         |
| <b>Registration/Attendance Keeper</b><br><br>Mary Joy C. Araneta<br>Melanie P. Nemenzo<br>Grace Erecilla   | <b>Stage Decoration/Venue Preparation</b><br><br>Leo Maceda<br>Florencio Segara             |
| <b>Tabulators</b><br><br>Florabelle R. Carandang<br>Lilibeth S. Bordan<br>Math Department Teachers   | <b>Zumba Dance</b><br><br>Khemverly D. Porter<br>Jason Despalo<br>MAPEH Department Teachers |
| <b>Camp Set-up</b><br><br>Clarkvin Olivar<br>Leo Maceda<br>BNHS Boy Scouts   | <b>FOODS</b><br><br>Sharon P. Guadalupe<br>Olive Padernal<br>TLE Teachers                   |



Republic of the Philippines  
Department of the Interior and Local Government  
**BUREAU OF FIRE PROTECTION**  
**Regional Office – VI**  
**Negros Occidental Provincial Office**  
**SAGAY CITY FIRE STATION**

Corner National Highway Quezon Street, Barangay Poblacion 1  
Sagay City, Negros Occidental  
Tel. No. **722 – 97 67**  
Email: [sagaycityfirestation@gmail.com](mailto:sagaycityfirestation@gmail.com)



**FIRE SAFETY AND BASIC FIRE FIGHTING**  
**Bato National High School Covered Court**  
27 – 29 March 2025

**PROGRAM OF INSTRUCTIONS / DIFFERENT SESSIONS**

**DAY 1:**

27 March 2019

7:00 – 12NN

Arrival/Registration/Setting Up

HOST/TWG

1:00 – 2:00 PM

Opening Program/Intro to Training

**Session 1 (PM)**

1400 – 1430

**CHEMISTRY OF FIRE**

1430 – 1500

**PHASES OF FIREFIGHTING**

1500 – 1800

**PRACTICAL**

Fire Extinguisher

LPG

PPE and SCBA (Donning & Doffing)

**Day 2:**

March 28, 2025

**Session 2 (AM)**

0730 – 1000

**PRACTICAL**

Fire Truck Tools and Equipment

Ladder (Placement)

Rescue (Carry)

1000 – 1200

Fire Fighting (Bucket Brigade)

1300 - 1700

**MINI FIRE OLYMPICS COMPETITION**

Designated Judges

1700 - 1730

**AWARDING CEREMONY**

**DAY 3:**

March 29, 2025

0700 – 1000

Clean up Drive

Prepared by:

**FO1 ROMELO**

Chief, Plans and Training Section

Noted:

**FSINSP VICTOR LORETO, BFP**

City Fire Marshal





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Department of the Interior and Local Government  
**BUREAU OF FIRE PROTECTION**  
**Regional Office – VI**  
**Negros Occidental Provincial Office**  
**SAGAY CITY FIRE STATION**

Corner National Highway Quezon Street, Barangay Poblacion 1  
Sagay City, Negros Occidental  
Tel. No. 722 – 97 67

Email: [sagaycityfirestation@gmail.com](mailto:sagaycityfirestation@gmail.com)



## **2<sup>nd</sup> MINI FIRE OLYMPICS 2025**

### **JUNIOR FIRE MARSHAL CATEGORY**

#### **RULES AND REGULATIONS**

#### **1. EVENTS TO BE CONTESTED:**

|   |               |
|---|---------------|
| 1.1. Hose Laying and Replacement of Busted Hose | - 40%         |
| 1.2. Bucket Relay Operations                    | - 30%         |
| 1.3. Rescue and Transfer Relay Operations       | - 20%         |
| 1.4. Donning of PPE                             | - 10%         |
| <b>Total</b>                                    | <b>- 100%</b> |

#### **2. REQUIRED NUMBER OF OFFICIAL TEAM MEMBERS**

|   |                       |
|---|-----------------------|
| 2.1. Team Manager (School Head)             | - One (1) Non playing |
| 2.2. Official Team Coach / Leader (Adviser) | - One (1) Non playing |
| 2.3. Team Muse ( <i>optional</i> )          | - One (1) Non playing |
| 2.4. Number of playing members per team     | - Ten (10)            |

#### ***Official numbers of performing members for the following events are as follows:***

|          |  |
|----------|--|
| Event #1 | - Hose Laying and Replacement of Busted Hose<br>10 players and Official Team Coach                                   |
| Event #2 | - Bucket Relay Operations<br><i>Ten (10) Bucket Handlers and Official Team Coach</i>                                 |
| Event #3 | - <b>Rescue and Transfer Relay Operation</b><br>10 Rescuers, 1 Victim (not less than 35 kgs) and Official Team Coach |
| Event #4 | - Donning of PPE<br>1 player and Official Team Coach   |

#### **3. EQUIPMENT REQUIREMENTS:**

##### **3.1. HOSE LAYING and REPLACEMENT OF BUSTED HOSE**

Fire Hose 1 ½" dia. x 50 ft., DJ - 6 lengths  
Variable type nozzle (brass) - 1 pc.  
Target - 2 pcs.  
Hard hats with chin straps - 8 pcs.  
Fire Engine – Fire pump shall be permanently set at 120 psi

##### **3.2. BUCKET RELAY**

Bucket (2.5 liters cap.) - 10 pcs.  
Drum (55 gals. Cap.) - 3 pcs.  
Meter Stick - 1 pc.

##### **3.3. DONNING OF PPE**

PPE - 1 Set

#### **4. RULES OF THE EVENTS**

##### **4.1. Event No. 1 - HOSE LAYING and REPLACEMENT of BUSTED HOSE**

- 4.1.1. Team preparations should not exceed five (5) minutes. Beyond the allotted time, an additional 60 seconds penalty shall be added to the team's actual performance time.
- 4.1.2. Seven (7) Players, (6 Males and 1 Female) and Official Team Coach shall composed the performing team. All the needed equipment and accessories shall be retrieved by the performing team members and should be placed at the designated location.
- 4.1.3. After arranging and checking all the required equipment, the performing Team shall assemble at the starting line (SL), which is 45 ft. away from the pre-designated location of the fire equipment.
- 4.1.4. The Spare Hoses must be pre-positioned at the designated marked area (or drop-off area).
- 4.1.5. A fire truck shall be used as the source of water. The Tournament Official shall signal the Fire Pump Operator to set the Engine Throttle to 120 psi (8.16 Bars).



- 4.1.6. When the designated official give the "GO" signal ("WHISTLE"), the team members shall pick-up the equipment from the starting point and place them in the designated mark area and connect the hoses and nozzle. The "LAPAGHATAK" TECHNIQUE shall be used in unrolling the fire hoses. Any deviation especially, hose throwing or dropping of a DONUT ROLLED fire hose will be penalized with five (5) seconds additional time per infraction, per incident and per individual.
- 4.1.7. Only four (4) lengths of 1 1/2" diameter x 50 ft. fire hose shall be laid-out. The fifth (5th) and sixth (6th) hoses shall be used as SPARE HOSE REPLACEMENT for the presumed "DEFECTIVE / BUSTED HOSE". The connected hoses shall be charged with water from the source.
- 4.1.8. The Team's nozzle man should hit and turn down the 1st fire target (Target No. 1) flat with respect to the ground (horizontal position), using the hose charged with pressurized water.
- 4.1.9. Simultaneously, the assigned pump man shall shut-off the valve of the fire truck to allow disconnection and replacement of the assumed defective/busted hoses (Hose No. 2 and hose No. 4).
- 4.1.10. The completed connections shall be charged with water from the source and the nozzle man at the designated area shall hit the second (2nd) fire target (Target No. 2) with water stream.
- 4.1.11. Upon hitting and turning down the 2nd fire target, the clock will be stopped, signifying the end of the team's performance.
- 4.1.12. **Penalties:** A ten [10] second penalty/ies shall be added to the team's actual performance time should a team commit any of the following infractions:
  - a. Exceeded the allowable preparation time, +60 seconds
  - b. Unofficial adjustment of throttle, +60 seconds
  - c. Beyond the allotted five (5) minutes playing time, the committee shall stop the team's performance Maximum Penalty - "Stop Performance" (equivalent to 5 minutes playing time)
  - d. Stepping on the line
  - e. False starting or running ahead of time before the tournament official declares the "GO SIGNAL".
  - f. Dropping of nozzle, fire hose couplings including personal protective equipment, during or before the end of performance
  - g. Improper placement of hose, including coupling connections (outside the marked area).
  - h. No assistance being provided behind the nozzle man before hitting the two (2) fire targets.
  - i. No assistance being provided behind the nozzle man before hitting the two (2) fire targets.
  - j. Nozzle man goes beyond the marked area
  - k. Touching / holding the Spare Hose/s before the Nozzle man had successfully turned down the 1st Fire Target
  - l. Official Team Coach's violation in assisting the player/s by holding/touching the personnel, equipment/accessories.
  - m. Failure to replace the Busted Hose – TJ4 & TJ6, +20 seconds per Spare Hose

#### 4.2. Event No. 2 – BUCKET RELAY

- 4.2.1. The basis for determining the team standing is by the height of water transferred from a 55-gallon fire drum to an empty 55-gallon drum.
- 4.2.2. Equipment to be used must be properly checked and tournament officials shall replace defective equipment immediately prior to the start of the team's performance.
- 4.2.3. Ten (10) members and the Official Team Coach shall compose the performing Team.
- 4.2.4. The distance between the starting line and the bucket is 50 feet.
- 4.2.5. One (1) minute performing time shall be given for each team to transfer from a water-filled fire drum to an empty fire drum with the use of ten (10) fire buckets.
- 4.2.6. When the tournament official signals "GO" (by a WHISTLE),
  - 4.2.6.1. The players should run to get the empty buckets then.
  - 4.2.6.2. Fill the bucket with water from the drum.
  - 4.2.6.3. Each member will throw away the water from the bucket to the empty drum with the distance of 5ft and place down the bucket.
  - 4.2.6.4. The players should position themselves to perform the relay operation, with one (1) or two (2) assigned as bucket runners.
  - 4.2.6.5. Transfer the buckets filled with water in sequential order.
- 4.2.7. Once the time signals "STOP", only one (1) pail from the last man shall be allowed to be poured.
- 4.2.8. The level of water transferred on the empty drum shall be measured using a meter stick (Metric Measurement).
- 4.2.9. **Penalties of two [2] centimeters of water shall be deducted for every infractions committed by every player of the team:**
  - 4.2.9.1. False starting or running ahead of time before the tournament official declares the GO signal "by a WHISTLE".
  - 4.2.9.2. Throwing of bucket [with or without water] inside the drum.
  - 4.2.9.3. Maximum of two (2) runners are allowed to return the used buckets; otherwise, a penalty shall be imposed per additional runner.
  - 4.2.9.4. Wrong sequence (bypass)
  - 4.2.9.5. Dropping and accidental falling of bucket/s
  - 4.2.9.6. Stepping on the line at the marked throwing area
  - 4.2.9.7. The highest level of water transferred, after the imposition of the penalty, shall be declared the winner



4.3. **Event No. 3 – RESCUE AND TRANSFER RELAY**

4.3.1. Performing Team shall be composed of ten (10) Rescuers and One (1) Victim (with a minimum weight of 35 kgs.). The main objective of this event is to perform a Rescue Operations with relay race at a distance of 160 feet performing the following rescue carries:

- a. Fireman's Carry
- b. Carry in Arms
- c. Carry by Extremities
- d. Four-Hand-Seat
- e. Bearer's Along Side
- f. Four-Man Carry

4.3.2. At the start, all rescuers shall take their respective positions according to the result of the draw lots.

4.3.3. At the **Starting Line**, the first rescuer shall position himself at a distance of 10 feet from the victim. Replacement of rescuers after the start of this event proper would be allowed with an **additional 60-second** penalty.

4.3.4. When the tournament official signals "GO" (by a **WHISTLE**), the rescuer shall start to run towards the victim at the **1st Rescue Point (RP1)**. The rescuer shall perform the **FIREMAN'S CARRY** rescue technique and proceed to **Rescue Point No. 2 (RP2)**. The rescuer shall properly unload and lay down the victim. Said the rescuer shall tap the hands of the second performer (high-fives).

4.3.5. The rescuer from **Rescue Point No.2** shall perform the **CARRY IN ARMS** rescue technique and proceed to **Rescue Point No. 3**. Properly unload and lay down the victim. The said rescuer shall tap the hands (high-fives) of any of the third performers.

4.3.6. The two rescuers from **Relay Point No. 3** shall perform the **CARRY BY EXTREMITIES** rescue technique and proceed to **Rescue Point No. 4**. Properly unload and lay down the victim. Said rescuers shall tap the hands (high-fives) of any of the fourth rescuers.

4.3.7. The two rescuers from **Rescue Point No. 4** shall perform the **FOUR-HAND SEAT** rescue technique and proceed to **Rescue Point No. 5**. Properly unload and lay down the victim. Said rescuers shall tap the hands (high-fives) of any of the fifth rescuers.

4.3.8. The three rescuers from **Rescue Point No. 5** shall perform the **BEARER'S ALONG SIDE** rescue technique and proceed to the **Rescue Point No. 6**. Properly unload and lay down the victim. Said rescuers shall tap the hands (high-fives) of any of the sixth rescuers.

4.3.9. The four rescuers from **Rescue Point No. 1, 2 & 3** shall perform the **FOUR-MAN CARRY** rescue technique and proceed to the **Finish Line** and properly unload the victim.

4.3.10. **At the FINISH LINE, all rescuers facing each other shall raise their both hands to indicate the end of their performance. Simultaneously, the clock will be stopped. Failure to stand and raise their both hands within 10 seconds the team will carry a penalty max. of 5 minutes.**

4.3.11. **Penalties:**

Sixty [60] seconds penalty for the wrong type of carry executed during the play.

Ten [10] seconds penalty/ies shall be given for every violation/s committed by the rescuer/s.

Said penalty/ies shall be added to the team's performance time as follows:

- a. False Starting /Stepping on the Line
- b. Every improper handling of victim
- c. Victim Fall (all kinds of carries)
- d. ABC compromised (carry in arms),(carry by extremities)
- e. No arm locked (fireman's carry)
- f. Hand position at lower extremities (carry by extremities)
- g. No arm locked (carry by extremities)
- h. Fall of Victim's leg (carry by extremities)
- i. Rescuer Fall (carry in arms)
- j. Helmet fall (Rescuer or Victim)  
5 seconds additional per member, per violation/infracton and  
20 seconds additional per member, per infracton, if PPE's  
will not be retrieved and properly worn by the player/s
- k. Improper execution of the Fireman's Carry Rescue Technique
- l. Improper execution of the Carry in Arms / Lover's Carry Technique
- m. Improper execution of the Carry by Extremities Rescue Technique
- n. Improper execution of the Four-Hand Seat Rescue Technique
- o. Improper execution of the Bearer's Along Side
- p. Improper execution of the Four Man Carry Rescue Technique
- q. Improper loading and unloading of the victim, this includes wrong positioning of rescuer/s including the victim upon reaching and unloading at the designated dropped-off area.
- r. Former rescuer's failure to tap the next Rescuer's hands ("high fives") after unloading the victim at the designated area.
- s. Former rescuer's failure to provide proper assistance to the next rescuer
- t. Absence of command and improper execution of rescuers
- u. **Not in synchronize** movements of the rescuers
- v. Official Team Coach's violation in assisting the player/s or holding/touching the personnel, equipment/accessories.
- w. Any part of the victim's body which touches the ground (during rescue operations)
- x. **Disregarding victim's safety to avoid added injuries.**



#### 4.4. Event No. 4 – Donning of Personal Protective Equipment

- 4.4.1. The team shall select the one player to participate in this event. The main objective of this event is to perform the donning of complete personal protective equipment in **fastest possible time**.
- 4.4.2. At the start, the player shall take their respective position according to the result of the draw lots.
- 4.4.3. The player shall stand in respective position while raising their both hands.
- 4.4.4. When the tournament official signals "GO" (by a **WHISTLE**), the player shall start to run in the designated area of PPE to start donning.
- 4.4.5. **After donning, the player will raise both hands to indicate the end of performance and in order to stop the time.**
- 4.4.6. **Penalties:**  
Ten [10] seconds penalty/ies shall be given for every violation/s committed by the player. Said penalty/ies shall be added to the player performance time as follows:
  - a. False Starting /Stepping on the Line
  - b. Helmet fall
  - c. Unstrap of chin-strap and unzip of bunker pants and jacket
  - d. Un-visor down.

#### 5. RULES OF REPLAY

- 5.1. The Committee shall decide replay or repeat performance based on the following grounds, such as:
  - a. Damage of equipment and accessories;
  - b. Malfunction of Fire Pumper;
  - c. At least ten (10) minutes rest shall be given to the team/s before the repeat performance;
  - d. And others.

#### 6. AWARDS

- 6.1. Every participating team will be awarded a certificate of participation.
- 6.2. Trophy to be awarded to the following:
  - Over-All Winners (Champion, 1st Runner-up and 2nd Runner-up)
  - Event Winners
  - Most Disciplined Team
- 6.3. **The distribution of the Awards shall be right after the competition.**

Prepared by:

**FO1 ROMELO**

Chief, Plans and Training Section

Noted:

**FSINSP VICTOR LORETO**

City Fire Marshal





Republic of the Philippines  
Department of Education  
REGION VI - WESTERN VISAYAS  
SCHOOLS DIVISION OF SAGAY CITY

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## PARENTS' CONSENT

SIR/MADAM:

This is to inform you that I give my consent to the attendance and participation of my son/daughter \_\_\_\_\_ to the **Fire Safety Training and Basic Fire Fighting/Firelympics 2025 on March 27-29, 2025, at Bato National High School, Bato, Sagay City, Negros Occidental.**

I have considered the benefits that my son/daughter will derive from his/her participation in this activity with the understanding that every precaution will be undertaken to ensure his/her safety. I shall not hold the staff responsible for any untoward accident during the said activity, which is beyond their control.

\_\_\_\_\_  
Parent's Name and Signature

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\_\_\_\_\_  
Parent's Name and Signature