



Republic of the Philippines
Department of Education
 Region VI- Western Visayas
SCHOOLS DIVISION OF SAGAY CITY

DIVISION MEMORANDUM

August 9, 2024

No. 491, s. 2024

INTENSIFIED DENGUE PREVENTION CAMPAIGN IN SCHOOLS

To: Assistant Schools Division Superintendent
 Chief of Education Supervisors – CID & SGOD
 Public Schools District Supervisors
 School Heads of Public and Private Elementary and Secondary Schools
 All Others Concerned

1. As of the latest report of the Department of Health Western Visayas, Negros Occidental has recorded 1,318 cases of dengue and 5 related deaths. Dengue is a viral infection transmitted by *Aedes albopictus* and *Aedes aegypti* mosquitoes, which have peak biting times from 6:00 AM to 8:00 AM and 4:00 PM to 8:00 PM. In response to this alarming increase in dengue cases, all schools are encouraged to implement and intensify dengue prevention campaigns.
2. The Department of Health promotes the **5S strategies**, which all schools must observe and advocate:
 - a. **Search and Destroy:** Organize a clean-up drive to eliminate mosquito breeding sites such as old tires, drums, bottles, jars, coconut shells, and other containers that can hold water. Regularly check and clean gutters, flower pots, and other potential breeding sites.
 - b. **Self-Protection Measures:** Encourage learners and personnel to wear long-sleeved shirts and pants, use mosquito repellent, and sleep under mosquito nets at home.
 - c. **Seek Early Consultation:** Advise those experiencing symptoms of dengue, particularly fever for more than 2 days, to consult a physician immediately.
 - d. **Support Fogging/Spraying:** Conduct fogging in schools only when there is an impending outbreak or when cases are already reported in the community.
 - e. **Sustain Hydration:** Maintain adequate fluid intake to prevent dehydration.
3. It is important to educate students, personnel, and parents about the signs and symptoms of dengue, which include **sudden onset of high fever, severe headache, pain behind the eyes, joint and muscle pain, fatigue and exhaustion, nausea and vomiting, skin rash appearing two to five days after the onset of fever and mild bleeding (such as nose bleeding, gum bleeding, or easy bruising).**
4. For those diagnosed with dengue, the following guidelines must be followed at home:
 - **For patients without warning signs** managed on an outpatient basis (OPD): Ensure that the patient receives adequate rest, sleeps under a mosquito net, and uses insect repellent.
 - **Monitor symptoms:** check temperature every 4 hours and record, perform sponge bath for 38 degrees Celsius and above, and make sure there is urine every 4-6 hours. If there is no urine output or signs of dehydration, consult a physician immediately. Do CBC (blood test) as instructed by the doctor.
 - **Sustain Hydration:** Measure and record the amount of oral intake. Offer electrolytes-containing drinks such as oral rehydration solution (ORS), fresh fruit juice, and coconut water.
 - **Take Paracetamol** to manage fever and avoid non-steroidal anti-inflammatory drugs (NSAIDs) like aspirin or ibuprofen.
 - **Refer for hospitalization** if warning signs such as severe abdominal pain, persistent vomiting, rapid breathing, bleeding gums, fatigue, or restlessness are observed.



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5. To assist in the dengue campaign, schools can access Information, Education, and Communication (IEC) materials including dengue brochures, campaign videos, rekorida, flyers, etc. through the provided link and QR code below.

<https://tinyurl.com/tdzk6amh>



6. Accomplishment reports must be submitted and uploaded to the School Health Unit Google Drive for your convenience.

<https://tinyurl.com/2m4x5uxe>



7. For clarifications and inquiries please contact Alyssa Joana A. Dagunan, Nurse II at 09094176723

6. Immediate dissemination and compliance of this memorandum is desired.

for: [Signature]
MARSETTE D. SABBALUCA, CESO VI
Schools Division Superintendent

Number of Pages including this Document: 2 pages

Enclosure: None

Reference: Department of Health Western Visayas

To be included in the Perpetual Index under the following subjects:

DENGUE CAMPAIGN

SAFETY

HEALTH

AJAD/memo on Intensified Dengue Prevention Campaign in Schools